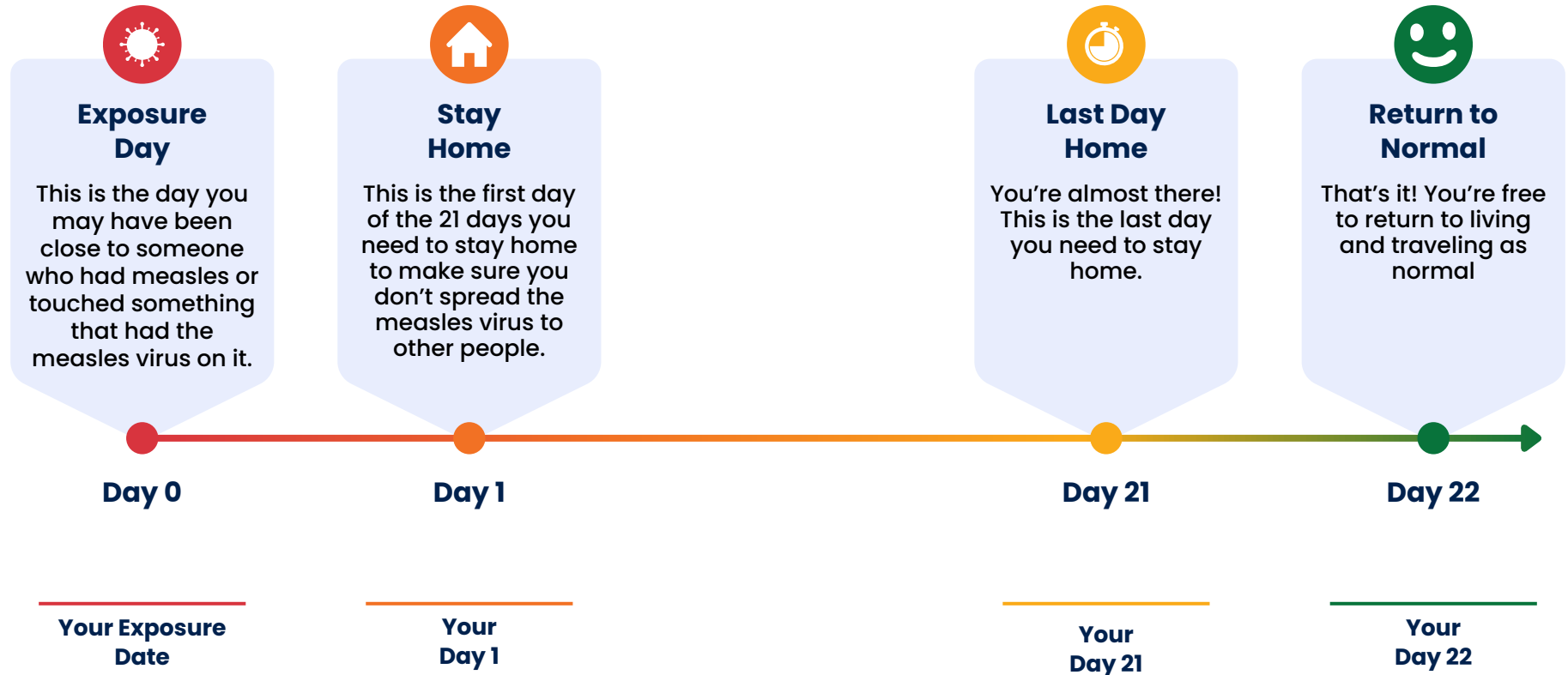


Measles Exposure

STAY HOME GUIDANCE



Your local health department will call to check in with you several times.



- **If you need to go to your doctor or other medical facility**, please call the office **BEFORE** you go and let them know you may have measles.
- Do not have visitors during this time.
- **Do NOT go out** shopping, or to work, school, or religious services.
- **Follow these steps only** if you stay symptom free and have no new exposures.

If you need help, call: _____

Or call CT Department of Public Health: 860-509-7929 (8:30am to 4:30pm weekdays)
or 860-509-8000 (all other times) if you cannot reach your local health department